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Cultural, Culinary & E-Cycling Experience in Abruzzo

7 days, 6 nights

23 - 29 June 2024

Day 1 | Rome F. Airport
 All days| Vasto | Accommoda...
 Days 2 and 6 | Adele's house
 Day 3 | Lake of Scanno
 Day 4 | Punta Aderci Reserve
 Day 5 | Farmhouse experience
 Day 5 | Medieval Castle
 Day 6 | Olive oil mill
 Day 6 | Winery

Day 7 | Rome F. Airport

Scalo Scafa Torre De Lettomanoppello SS16 Lanciano Bussi Sul Tirino Tocco Da Orsogna Castel Guardiagrele Zona Industriale SS81 San Giacomo Atessa Sulmona Santa Maria Gissi SS84 di Bisacci Roccaspinalveti Appenninia 4 Pescocostanzo Palata Castiglione Messer Marino Rivisondoli Mimola Ateleta Roccaraso SS650

VIEW <u>HERE</u> THE ON LINE MAP OF THE ITINERARY

WATCH HERE A VIDEO AS A SAMPLE OF THIS TOUR

Fully Escorted tour



Join us on a 7-day Italian cultural and culinary vacation in Abruzzo, one of the most stunning and culturally rich regions in Italy.

anyone eager to an immersive adventure in the Italian culture and traditions. where you really get to know the food, region and people, your host and local guide Fabrizio, together with his family & friends, put together amazing experiences

combine passion, beautiful places and locals to show you the best of the region's off-the-beatentrack secrets. This is a fully escorted tour that will give you the insights to daily life, food & wine, culture and production in Abruzzo and will let you discover the authentic Italy in a balanced mix of experiences, relax, adventure and learning.

The highlight of this tour is the chance to get on **light and easy electric bikes cycling** along the amazing **Abruzzo mountains**, lakes, ancient hermitages and **coastline** between national parks and unique trabocchi fishing houses.

HIGHLIGHTS

- Live like a local and sleep in a charming ancient Roman town on the Adriatic Sea
- E-Cycle along the breathtaking Abruzzo mountains and the coastline
- Enjoy amazing landscapes that spread out from the sea to the mountains
- Prepare homemade pasta and pizza with local women
- Discover the fascinating trabocchi fishing huts
- Explore enchanted castles
- Visit Abruzzo's acclaimed wine makers



Why a small group of travelers and a local tour operator

Here's why we believe that **traveling with a small group of people and a local tour operator as we are** can really make the difference:

We love our region – Attention to details – Local knowledge and experience – Live like a local – Feel part of a big family – Make new friends – Explore on your own – Everybody feels at home – Small groups tour up to 12 travelers. Click here to learn more!



Who is this tour suitable for?

Like-minded travelers - Everybody that travelled enough to know that touristy vacations are just not them - Travelers that appreciate la dolce vita and want to learn something new - Solo travelers (there is no single room supplement) - Couples - Group of friends - Families

ITINERARY

DAY 1 Sunday Rome Fiumicino airport pick up and welcome to Abruzzo dinner (meals included: Dinner)



PM

- Rome Fiumicino airport pick up at 12:30 pm and transfer to the ancient Roman town
 of <u>Vasto</u> on the Adriatic Coast after crossing beautiful Abruzzo mountains looking at
 amazing landscapes, hilltop villages and castles
- Check in at the charming and family run Hotel dei 7 (or a similar accommodation) in the historical downtown
- Get to know your local guide Fabrizio and learn more about the 7-day cultural and culinary vacation
- Walk to a traditional restaurant to enjoy a welcome group dinner in the heart of Vasto

DAY 2 Monday A visit to the market, make homemade pasta with Mamma, explore Vasto (meals included: Breakfast, Cooking Lesson, Lunch)



After a leisurely **traditional breakfast** made of freshly baked bread, whole fruit country-style preserves, cake, pastries, coffee, tea and freshly squeezed juice:

AM

- We'll walk and visit Vasto's colorful market to get seasonal products. Here you'll have the possibility to practice a little bit of Italian even if you don't speak any of it
- Next we'll drive to the beautiful countryside of Vasto where we'll meet Fabrizio's family to have an exclusive cooking class with them and we'll learn how easy it is to make fresh pasta and we'll be introduced to Abruzzo sauces
- An example menu based on Fabrizio's family recipes, includes Bread with meat sauce, Pasta alla chitarra with meat sauce, polpette (meatballs) and Tarallucci (typical biscuits from Abruzzo)

PΜ

• Lunch with the scrumptious dishes that we prepared in the morning, while **enjoying the** relaxing family atmosphere

- After a short break to relax, in the afternoon we'll explore Vasto historic center: Loggia
 Amblingh, a promenade overlooking the fascinating crescent-shaped coastline, the old
 town with its medieval Castle, charming lanes, a tower, the Cathedral and Piazza
 Rossetti, dedicated to Gabriele Rossetti, a poet from the town and father of Dante Gabriel
 Rossetti, who founded the Pre-Raphaelite Brotherhood
- Before free time, we'll meet some local artisans or artists
- In the evening you may experience **dinner on your own** in one of the many restaurants of Vasto. After the big family lunch, based on our many years of experience, we know that nobody is looking for a rich dinner, so our travelers usually enjoy spending time like a local trying a simple aperitif, a gelato or a pizza. Obviously Fabrizio will suggest you his favorite places

DAY 3 Tuesday E-cycle to amazing Abruzzo mountains and discover the unique heart shaped lake of Scanno and remote hermitages (meals included: Breakfast, Lunch, Dinner)







AM

- After breakfast we'll drive to the marvelous Abruzzo mountains and national parks
- On the way to Scanno, we'll visit the enchanting 11th C. Hermitage of San Domenico on the lake of San Domenico
- Next we'll have an easy and scenic electric bicycles (mountain/trekking) tour* along the *Itinerary of the heart* to admire amazing landscapes like the fascinating heart shaped lake of Scanno from a particular observatory point

PM

- We'll enjoy a traditional picnic with local products
- Next we'll discover Scanno, one of the most beautiful Italian villages, with its fabulous
 alleys, churches, landscapes and artisans boutiques. We could have a break with a refreshing
 gelato and a visit to an artisanal jewelry shop where they make the "Presentosa", a famous
 traditional jewel from Abruzzo, a very ancient piece of art which dates back to the 18th century
- **Group dinner** in a traditional restaurant in the heart of Vasto Marina, by the beach or in the heart of Vasto

^{*} Around 20-30 km, 12-18 miles, cycling time 3-5 hours, including breaks and picnic. Those ones who don't want to cycle can relax by the lake at a bar or a restaurant or enjoy some other activities that can be booked onsite such as canoeing. According to the weather conditions and other organizational needs, an alternative similar itinerary could be proposed.

DAY 4 Wednesday E-cycle to Abruzzo coastline, trabocchi fishing houses and free afternoon (meals included: Breakfast, Lunch, Dinner)







ΑM

- After breakfast we'll drive to the fascinating Abruzzo coastline to have a light and picturesque electric bicycles (mountain/trekking bikes) tour* inside Punta Aderci Nature Reserve, one of the 12 most beautiful Italian beaches according to the National Geographic, from where you can also admire snow-capped mountains at certain times of the year.
- We'll discover the landmark symbols of the area the **trabocchi** and we'll have a special fish and seafood lunch on one of them
- Rinaldo, our host, will show us how to fish from it and the secrets and history behind Abruzzo's unique fishing platforms

PM

- **Free afternoon** for your own activities, which could be: going to one of the many beaches, taking part into some extra activities/excursions or whatever you prefer
- In the evening you may experience dinner on your own in one of the many restaurants of Vasto
 - * Around 20-30 km, 12-18 miles, cycling time 3-5 hours, including a short break to swim in the Adriatic. According to the weather conditions and other organizational needs, an alternative similar itinerary could be proposed.

DAY 5 Thursday Visit a typical "agriturismo" to learn everything about Abruzzo farming, farm-to-table lunch and explore Roccascalegna Medieval Castle (meals included: Breakfast, Cooking Lesson, Tasting, Lunch)



AM

- After breakfast we'll make our way to a farmhouse where Pina and Berardino will reveal
 the secrets of farming letting you immerse in an authentic slow food experience. You
 could relax in the beautiful Abruzzo countryside or take part into some or all of these
 experiences
- We'll milk a cow
- We'll learn how to make a special bread called "pizza scima stupid pizza", a pizza without yeast

- After collecting some organic wine from their winery, we'll have an aperitif including a taste of their production: cheeses, salami and extra virgin olive oil
- Next we'll learn how to prepare ricotta cheese
- Finally we'll **collect the fresh vegetables** from their garden that will be used for our farm-to-table lunch
- A delicious traditional farm-to-table lunch will be prepared and served
- Almost everything we'll eat is produced in the farm (wheat to produce the organic flour to
 make different kinds of breads, cookies and fresh pasta together with eggs from their hens,
 organic extra virgin olive oil, wines, liquors, juices, jams, cheeses, many varieties of salami,
 meats and vegetables)

PM

- In the afternoon, immersed in the nature and surrounded by amazing sceneries, we'll drive in the inland to explore the enchanting Abruzzo's castle in the sky in the charming village of Roccascalegna, ranked by Condé Naste Traveler as one of the 9 Most Beautiful Hilltop Towns in Italy
- After the big lunch at the farm, in the evening you may enjoy a dinner or aperitif on your own in one of the many restaurants and wine bars of Vasto

Day 6 Friday Olive oil and wine tasting, pizza & tiramisù family party & farewell dinner (meals included: Breakfast, Tasting, Lunch, Dinner)



AM

- After breakfast we'll visit an Olive Grove that has been farmed by Giovanni's family for three generations to produce DOP olive oils. He will unfurl the secrets of what Homer described as "liquid gold" and we will finish with an olive oil tasting
- Next we'll visit an award winning winery that sits between a marine park and the mountains.
 We'll make a wine tasting and lunch with pairings from local cheeses and salami and a tour of the vineyard and cellars organized by the winemakers Emanuele and Nicola

PM

- After some free time to relax and pack or do a last minute shopping, we'll have a farewell party with
 Fabrizio's family. You will enjoy the Abruzzo wines and food in a very relaxed atmosphere or help
 Adele and Mamma Anna Maria to make tiramisù and many kinds of pizza including the world
 famous Margherita or local ones with typical toppings such as the renowned "ventricina" salami
- In the evening we'll have the last dinner together as an Italian family immersed in the Abruzzo's countryside

Day 7 Saturday Goodbye and transfer to Rome airport (meals included: Breakfast)

After breakfast we will leave (usually at 09:00 am) for Rome Fiumicino airport or your next destination (Rome Fiumicino is about 3,5 hours driving from Vasto) so make sure to get an **afternoon flight (after 3:00 pm)**.

NOTE ABOUT YOUR ITINERARY

Your Itinerary is a guide to your activities during the week. However, *sometimes we modify the final itinerary to take advantage of the season and the weather*. Our goal is to ensure that *everyone has a fabulous time*, and that sometimes means tweaking the schedule even after your arrival. Your guide will provide suggestions during the week, and the group will decide if any modifications are desired. Be assured that *only enhanced experiences are ever considered*.

Suggestions

- Bring sturdy comfortable shoes and a windbreaker as there are short cross-country walks leading to amazing sites and views.
- Along the way you may wish to purchase items from the wonderful artisans and local producers we visit. Remember to leave a little room in your suitcase for this.

PRICE PER PERSON

7-day package

23 - 29 June 2024: € 2,035.00*

*Prices are per person and land only, with accommodation in a twin/double room with ensuite bathroom. Airfare and travel insurance are not included. There are no single supplements for solo travellers (double room used as a single room).

Schedule a Free Consultation with Fabrizio - Click **here**

INCLUSIONS AND EXCLUSIONS

Included in the price

- 6 Nights accommodation at <u>Hotel dei 7</u> in the historic centre of Vasto or similar accommodation
- Breakfast Buffet Daily
- 8 meals (food, water, house wine) in selected restaurants, farmhouses, private homes, wineries based on traditional regional dishes
- 2 hands-on cooking classes and associated food costs
- 2 half days electric bicycles (mountain/trekking) and helmets rental and transportation
- Daily trips and excursions
- Pick up and drop off at Rome Fiumicino airport in an air conditioned minibus or car
- Personalized cooking booklet and apron
- All transport for daily trips and excursions in an air conditioned minibus or car
- All entry fees for excursions, tours and wine, olive oil and cheese tastings
- English-speaking tour manager throughout the duration
- All taxes except city tax

What's not included

- · Airfares. We recommend using www.skyscanner.com to check the flights
- Money spent for personal interests
- Snacks/Drinks between meals, or any meals not listed on the itinerary
- Personal expenses like phone calls, visa costs, laundry or tips

- Travel insurance (not obligatory, but recommended)
- Drinks not listed in the itinerary (an extra bottle of wine, for example)
- The cost of additional excursions or activities
- City tax (at the moment € 2 per night per person to be paid at hotel)

During this tour you will stay at the centrally located 3* <u>Hotel dei 7</u>. Recently renovated, this simple but comfortable hotel provides 18 rooms with updated ensuite bathrooms, tiled floors, air conditioning, safe rooms, elevator, and WiFi (sometimes a comparable accommodation may be proposed).

You can also choose to upgrade to a lovely boutique residence located in the heart of Vasto. Originally an 18th-century mansion, it has been renovated into an upscale B&B with 5 bedrooms, located on the Amblingh promenade. <u>Discover more here</u> and inquire for a quote.

LOCATION

Abruzzo

A short drive from Rome and considered the greenest region in Europe with three National Parks and many protected areas and species such as bears, wolves, lynx and Golden Eagles. Abruzzo spreads from the Apennine mountains to the Adriatic Sea which means that you can admire the highest mountains of the Apennines, the Corno Grande, directly from its coast.

It is this huge variety of landscapes and seascapes that make it an ideal place to have a relaxing holiday. Abruzzo and her four provinces: Teramo, L'Aquila, Pescara and Chieti have a very diverse gastronomic heritage that includes wine, pasta alla chitarra, extra-virgin olive oil, cheeses, salami, truffle, saffron and fish soups.

Abruzzo remains unknown and off the beaten track to many non Italians. For that reason, we can give you the special attention you deserve. Abruzzo and her people, the Abruzzese, will reawaken your senses and provide an unforgettable Italian holiday you will never forget!

Vasto

Vasto is a Roman coastal town (population: over 40,000), just 3 hours from Rome, which flourished again in the 15th and 16th Century. You will enjoy exploring the centro storico, its cathedrals and churches, the 15th Century Palazzo d'Avalos, the Rossetti Theater, the cafes, and restaurants.

Enjoy the food, wine and gelato, vineyards, cheese factories and olive oil mills, as well as the many natural sites: a selection of beaches, from sandy shores to pebbly coves, from the populous marina to the natural reserve, from dunes to trabocchi, the unique fishing huts you will marvel at, all within a short distance.

FAQ

Would Fabrizio guide this trip or do you hand it over to a local guide?

Yes, Fabrizio will be happy to guide you to let you discover his Abruzzo although there may always be some unforeseen event that may make it necessary to replace Fabrizio with another experienced and trusted Abruzzese guide who has worked with Fabrizio for many years.

CLICK HERE FOR MORE FAQ

PICK UP AND DROP OFF

Pick up

The pick up at Rome Fiumicino airport (terminal 3) is planned at 12:30 pm on day 1. Normally it takes 3-3,5 hours to drive to Vasto, our base on the Adriatic Coast for all the tours. The duration of the trip depends on traffic (on Sunday, when most of our tours start, usually there is no traffic) and if you need to stop at the motor service along the way for a snack or to go to the toilette. It is a beautiful and relaxing driving crossing three National parks, from where you can see many hilltop villages and the Apennines.

Please consider also this information:

- You can also reach Vasto or other destinations in Italy **by bus or train**. Please take a look at <u>this page</u>. We'll organize the taxi transfer from/to Vasto train station (10 minutes driving) or Vasto coach station to/from the hotel in Vasto (3 minutes driving).
- If you're having trouble finding a flight that best fits our schedule or want more time to recover from jet lag, we point out that one solution (as several of our clients do) is to stay one night before the start or after the end of the tour with us in hotels near the airport (we have no agreements for hotels near airports, but here you can easily find and safely book the accommodation that's right for you).

We recommend planning your transfer in advance to easily reach our meeting point at the airport and start your tour without stress.

Pick up at hotel in central Rome or other area

If you arrive in Rome a few days before your tour with us and have booked accommodation in the city center, we regret to inform you that, <u>due to logistical reasons</u>, <u>we cannot arrange a direct pick-up service at your hotels</u>. This is to avoid the inconvenience of multiple stops at different hotels and to ensure that all tour participants receive the necessary information efficiently.

However, don't worry, reaching our meeting point at the airport is quite straightforward, and we suggest a few convenient options:

- 1. For **taxi services**, you have the option to independently book one by dialing "Chiama taxi +39 060609."
 - Alternatively, for added convenience and speed, you can arrange a taxi through your hotel in the central area of Rome. When booking, request a taxi with fixed or regulated fares. You can find more information and download the official app from the City of Rome's website at this link: https://www.turismoroma.it/en/node/18690.
 - Additionally, for information on taxi fares starting from € 50 from the center of Rome, you can refer to this link: https://romamobilita.it/it/muoversiaroma/muoversi-taxi.
- 2. The <u>Leonardo Express</u> is a direct train that connects Rome's Termini Station to Fiumicino Airport. The journey time is about 32 minutes and the ticket cost is 14 euros one way. The train arrives at Terminal 3, our meeting point, which is within easy walking distance.
- 3. The **Tiburtina regional train** is another option to reach the airport from central Rome. The trip takes about 50 minutes and the ticket cost is 8 euros one way. You'll find additional information on fares, frequency, and schedules for regional trains on the Italian railways' website: https://www.trenitalia.com/en.html or at the train station.

Meeting point Rome Fiumicino airport (terminal 3)

The meeting point is very easy, and you can find all the information in <u>this file</u> (it is an example to see how easy it is). A few days before the tour starts, **I'll send you a pdf with the update information** regarding the driver(s) contacts.

If you arrive at Rome Fiumicino a few days before, I recommend taking a look at the meeting point in advance. This way, you'll feel more at ease in finding it later, even though it's already very easy to locate.

Drop-off

For the **drop-off** to Rome we usually leave the hotel in **Vasto** after breakfast, **at around 09:00 am** so that we arrive at Rome Fiumicino airport at maximum 01:30 pm (if there is traffic, but it normally takes 3-3,5 hours, anyway, please plan to get a <u>flight after 3:00 pm</u>). If anybody in the group has an earlier flight, we could leave maximum 1 hour before (so at around 08:00 am) but we make our evaluations from time to time. If there is any specific need, there are also public buses that shuttle from Vasto to Rome Fiumicino (or the city center) earlier in the morning and by night (take a look <u>here</u>). In this case we organize the taxi transfer from the hotel to Vasto coach station (3 minutes driving).

Drop-off at Rome Hotels or Train Station

The standard drop-off location is at the airport of Rome Fiumicino, however, if you need to be transported to a hotel in the center of Rome or near the airport of Rome, please specify this in the booking form by providing the names of the hotels. **During your stay with us, we will assess the possibility** and any **additional costs** (usually no more than € 60 per person/party) associated with this service based on the number of requests and the driver's itinerary. Please note that we cannot guarantee that we will be able to take you to your hotels, although we will do our best to accommodate your needs.

Private pick-up and drop-off for group tours

Of course, we are always happy to support you to organize a **private pick up/drop off** only for you to let you join our small group tours listed in <u>our calendar</u>. Please keep in mind that a private transfer (before or after the planned one) from Vasto to Rome airport or city center costs from € 350.

Connecting to or from another part of Italy

If you are connecting to or from another part of Italy we are happy to assist you in planning your pre and post trip connections. If your planned arrival or departure does not coincide with the specified meeting time we can assist you in **booking a private transfer** at an additional cost or some extra nights in Vasto or Puglia.

Once a complete booking is made you may also contact us directly for further details and assistance. We are always here to help and have the insider knowledge and on the ground support to ensure you find the best option available to arrive or depart from your tour.

Make sure to arrive at the meeting point on time but don't get stressed

Please note that all guests joining our tours are **responsible for ensuring they make it to the meeting point at 12:30 pm** at Rome's Fiumicino airport. Those who are unable to be on time will not be guaranteed a transfer from Rome to Vasto and will have to seek other arrangements to participate in the remainder of the tour. Anyway, **don't worry, there are**

many daily public buses that with less than € 30 connect Rome Fiumicino airport or Roma Termini coach station with Vasto or Sulmona as you can see here.

HOW TO BOOK

The booking process with Italia Sweet Italia is very simple. All you have to do is follow the 2 easy steps. At any stage you are welcome to contact us and we will help you with any doubts or problems:

- 1. To Pay a deposit of 25% per person by:
 - a. Credit card using the book now button on the tour page
 - b. Bank Transfer

(Italia Sweet Italia Holidays di Lucci Fabrizio)
Account number: 1231254113 IBAN: IT21R0526277910CC1231254113 SWIFT: BPPUIT33
Banca Popolare Pugliese – Società cooperative per azioni Via XXIV Maggio, 25 66054
Vasto (CH) – Italy. Motivation of the payment: Deposit for Tour... to add name of the tour, month and year). Please inform your bank to make it directly in €.

2. You pay the **75% balance** within 45 days before arrival

You can pay the balance by Bank Transfer or Credit card (using the book now button on the tour page).

TERMS AND CONDITIONS

The contracts covering the programs described are governed not only by the conditions set out herein but also by the contents of Law No. 111 dated 17 March 1995, European Directory 314/90/EEC and Law No. 1084 dated 27 December 1977 which ratified the International Convention on Travel Contracts (CCV) signed in Brussels on 23 April 1970 as applicable – as well as the the "Tourism Code" (Italian Legislative Decree of 23.5.2011 No 79 - Annex I, Articles 32 - 51-novies) as amended by Italian Legislative Decree of 21 May 2018 No 62 and, where applicable, by Italian Law No 1084 of 27/12/1977 (Ratification and Implementation of the International Convention on Travel Contracts (CCV) signed in Brussels on 23.4.1970) and by Italian Legislative Decree of 6.9.2005 No 2006 ("Consumer Code") and subsequent modifications. Under no circumstances will the responsibilities of the organizer be deemed to exceed the limits set out in the law quoted.

LICENCE, INSURANCE POLICY AND GUARANTEE FUND

Italia Sweet Italia Holidays di Luci Fabrizio operate on the basis of the Communication to the Administration of the Province of Chieti, Tourist Office, taken place on 6th July 2016. Italia Sweet Italia has an insurance policy no. 4378340 with Europe Assistance Italia S.p.A. to cover civil responsibility. The buyer of the tour package in the contract governed by these general terms and conditions is provided with the guarantees indicated in paragraphs 2 and 3 of article 50 of the Italian Code of Tourism when the travel agent is registered with the Travel Guarantee Fund (Fondo di Garanzia Viaggi S.r.l.) with registered office in Via Nazionale 60, Rome (www.garanziaviaggi.it).

GUARANTEED PRICES

Prices quoted are shown in Euro and do not include the following goods or services: air, rail or bus tickets.

Due to the *remote* possibility of an unpredictable, but significant, rise in the cost of fuel, food, transportation, etc, there may be the need for the Tour Operator to increase the cost of this trip. According to the <u>Italian Tourism Code</u>, that increase *must* be reported to each traveler. We will communicate this to travelers at least 50 days before the first day of the tour (Day One). If that amount exceeds 8% of the total trip cost, all travelers who have signed up for this tour may choose to cancel their reservation without penalty and will be refunded in full.

BOOKINGS & REGULATIONS

Bookings are subject to availability and only become binding after you have paid a deposit of 25% per person and received a confirmation email from Italia Sweet Italia. The balance has to be paid within 45 days before arrival. Holidays booked less than 45 days before their start date must be paid in full. You can pay the deposit and the balance by Bank Transfer (Italia Sweet Italia Holidays di Lucci Fabrizio Account number: 1231254113 IBAN: I IT21R0526277910CC1231254113 SWIFT: BPPUIT33 Banca Popolare Pugliese – Società cooperative per azioni, Via XXIV Maggio, 25 66054 – Vasto (CH) – Italy) or PayPal.

CANCELLATIONS

If for any reason you need to cancel your trip, a penalty is charged as shown below (calculation is in calendar days):

Days before departure	Penalty per person
45 days or more	25% of the total cost*
15 - 44 days	50% of the total cost
7-14 days	80% of the total cost
0-6 days	100% of the total cost

^{*}If cancellation is necessary due to death in family, healthy problems or other unforeseen circumstance to be evaluated on a case-by-case basis and approved by Italia Sweet Italia, we'll transfer your deposit to a future date or to a different person (who has not already booked one of our upcoming tours)..

PROGRAM CHANGES

Although we try hard to avoid cancellations and changes to the holidays, due to the forward planning of our holidays this is sometimes unavoidable. We must therefore reserve the right in any circumstances to cancel or make changes to your holiday. This includes cancellations due to force majeure or under booking. With the exception of force majeure, these changes can be major or minor. In the case of a major change or cancellation (a major change is defined as a change to accommodation of a lower rating for all of your holiday or a change of holiday dates) we will advise you as soon as possible and we give you the following options:

- Accept the new arrangements
- Take an alternative holiday subject to availability (if a lower price we will refund the difference, if a higher price you must pay the difference)
- Withdraw and accept a full refund of all monies paid (excluding holiday insurance premiums or additional costs we have incurred on your behalf).

In the event of a minor change (any change that is not defined as a major change above or force majeure), the above options will not be available to you. We also reserve the right for any reason or at any time, at our sole discretion, to decline to accept or to retain any person on a holiday as a client particularly if their conduct is disruptive and affecting the enjoyment of other participants on the trip, and we shall be under no liability for any costs incurred by such a person as a result of our doing so.

LIMITATION OF RESPONSIBILITY

The organizer shall not be liable for any damage/injury (physical or otherwise) to participants as a result of the physical activity performed during the trip, the consumption of alcohol, breakage of equipment and materials or for any other reason which, within the limits of professional diligence, could not have been foreseen or resolved. The organizer is not responsible for expenses (transportation, meals, hotels) not included in the program but necessary to reach the meeting point or to leave the finishing point on conclusion of the trip.

COMPLAINTS

The consumer, as stated by art. 98 of D.L. 206 dated 06/09/05, is obliged to formally denounce, in writing and with receipt of postage, any complaints regarding problems with the tourist package to both the Organization and to the tourist structure where he or she is lodged within and no longer than 10 working days after departure from the respective holiday destination. Any breach of contract must be contested by the consumer without delay, enabling the organizer or a company representative to remedy the situation in loco.

PHOTO / VIDEO RELEASE

Italia Sweet Italia occasionally videotapes and photographs guests and activities for promotional use. Please notify us if we are not free to use images of you or your group. If produced, Italia Sweet Italia would be happy to provide you with photos or video clips where you are present.

COURT OF COMPETENT JURISDICTION

For any controversy which might arise, the court of competent jurisdiction is that of Vasto (Chieti).